



CONTACT PREFERENCES:

Preferred Phone for contact: Home Cell Work

May we send you appointment reminders by: Email? Mobile Text?

If we are unable to reach you by phone, may we leave a message? No

Yes, but only messages with appointment times or callback information

Yes, my preferred phone is secure. You may leave detailed health information.

THERE ARE MANY WAYS WE CAN PROVIDE YOU WITH SUPPORT! WOULD YOU LIKE FURTHER INFORMATION FROM US ON:

Patient Portal for viewing your medical records and securely emailing/messaging us

Tele-health (Video Medical Appointments) In-Person Classes

Online Classes Health Apps for Devices

Email Newsletter (If yes, please list preferred email, if different than on page 1):
